

LEARN  
SPARK

# GUIDING PARENTS AND GUARDIANS

MASTERING  
STUDY SKILLS

Energising Education



## Mastering Study Skills

### 1. How can you get involved?

All parents and guardians want to do anything they can to support, guide and help their child. However, what we can do will depend on the time we have and the confidence we have in certain aspects of education. All we can do is our best, and consider how much involvement we can provide, and how much our child may need. Find the balance! The level of involvement required may depend on the subject. Here are some ideas as to how you can get more involved:

1. Atmosphere	2. Environment	3. Partnership
Caring & encouraging <input type="checkbox"/>	Provide a desk <input type="checkbox"/>	Discussing topics <input type="checkbox"/>
Talking about school <input type="checkbox"/>	Provide stationery <input type="checkbox"/>	Clarifying understanding <input type="checkbox"/>
Asking what they learned <input type="checkbox"/>	Encourage a quiet space <input type="checkbox"/>	Quizzing to strengthen recall <input type="checkbox"/>
Growth mindset comments <input type="checkbox"/>	Help remove distractions <input type="checkbox"/>	Directing learning and recapping <input type="checkbox"/>

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**Level of Involvement**

Most children are more technologically savvy than their parents/guardians, and while it is important to monitor and manage their digital usage, we should also harness this to support their studying and learning. Get involved by using and visiting relevant websites together:



As a parent/guardian, you can't do everything! Think about how best to support your child with regards to what they need, how much time you have and how able you feel in subjects. These resources will take you through a range of different strategies that require different amounts of time and levels of involvement, to help you find what works best for you to support your child!